

1. A slide-out mechanism comprising:
 - a frame;
 - said frame comprising at least one first frame member and at least one second frame member, said at least one second frame member being movable relative to said at least one first frame member;
 - said second frame member comprised of a first support rail and a second support rail, said first and second support rails being connected to each other such that a load encountered by said second frame member is distributed across said first and second support rails; and,
 - a floor structure connected to said second frame member.
2. The slide out mechanism of claim 1, wherein a longitudinal axis of said first support rail is parallel to a longitudinal axis of said second support rail.
3. The slide out mechanism of claim 1, wherein said first support rail is welded to said second support rail.
4. The slide out mechanism of claim 1, wherein said first support rail and said second support rail have a rectangular cross section.
5. The slide out mechanism of claim 4, wherein said first support rail and said second support rail have a closed rectangular cross section.
6. The slide out mechanism of claim 1, wherein said first support rail and said second support rail are separated by an intervening connective structure.
7. The slide out mechanism of claim 6, wherein a gear rack is disposed on said connective structure.
8. The slide out mechanism of claim 1, wherein said at least one first frame member is fixedly connectable to a vehicle.
9. The slide out mechanism of claim 1, wherein said second frame member telescopes relative to said first frame member.

10. The slide out mechanism of claim 9, wherein said second frame member telescopes inside of said first frame member.
11. A method of moving a slide out compartment on a vehicle comprising:
providing a slide out frame having at least two stationary members and at least two movable members;
urging said at least two movable members outwardly from the vehicle;
and,
distributing a weight of said slide out compartment over at least two longitudinally extending support rails which are included as part of each of said at least two movable members.
12. A method according to claim 11, wherein the distributing of said weight includes distributing said weight over said support rails and wherein said support rails are connectively spaced from each other.
13. A method according to claim 11, wherein the providing of a slide out frame includes providing at least two movable members that have a gear rack disposed between said at least two support rails.
14. A method according to claim 13, wherein the urging of said at least two movable members includes causing a motive force to act on said gear rack.
15. A method according to claim 11, wherein the distributing of said weight includes distributing said weight over support rails that have a substantially rectangular cross-section.
16. A method according to claim 15, wherein the distributing of said weight includes distributing said weight over support rails that have a substantially closed rectangular cross-section.
17. A method according to claim 11, wherein the distributing of said weight includes distributing weight over support rails that have a tubular configuration.

18. A method according to claim 11, wherein the urging of said at least two movable members includes continuing moving the two movable members outwardly until a floor of said compartment is flush with a floor of said vehicle.

19. A method of moving a slide out compartment on a vehicle comprising:
providing a slide out frame having a stationary member and a movable member;
urging said movable member outwardly from the vehicle; and,
distributing a weight of said slide out compartment over at least two longitudinally extending support rails which are included as part of said movable member.